Suggested FISTS Calling Frequencies 3/31/14

FISTS members can be found on or near any frequency ending in x58 (.058, .158, .258, etc)

Here are recommended calling frequencies by location and band. REMEMBER, these are recommended CALLING frequencies and lengthy QSO's should be moved to another frequency.

Band	North America	England / Europe	VK / ZL Down Under	East Asia
160m	1.808	1.818	1.808	
80m	3.558	3.558	3.528	
40m	7.058	7.028	7.028	7.026 & 7.028
30m	10.118	10.118	10.118	10.118 & 10.138
20m	14.058	14.058	14.058	14.058
17m	18.085	18.085	18.085	18.085
15m	21.058	21.058	21.058	21.058 & 21.138
12m	24.908	24.908	24.908	24.908
10m	28.058	28.058	28.058	28.058 & 28.158
6m	50.058	50.058		
4m		70.158		
2m	144.058	144.058		

- Please Note : The calling frequencies on 160, 80, 40, 20, 15, and 10 meters - are only 2 KHz below the QRP calling frequencies (7.030 MHz is the QRP calling frequency in Europe). Please be considerate to the QRP CW ops and only QSY *down* from these frequencies.